

THE AUSTRAL ADVOCATE – JUNE 2019



PROBUS CLUB OF AUSTRAL ©

Austral Bowling Club, Corner of Edmonson Avenue & Eighth Avenue, Austral 2179

WELCOME TO THE AUSTRAL ADVOCATE

A friendly reminder that our meetings are held every second Friday of the month at 10.30am at the Austral Bowling Club. Our next meetings will be held on Friday July 12th & Friday August 9th. Please consider having lunch at the Club following the meeting as it is a good opportunity to really get to know one another.

Don't forget to visit our beautiful website
at <http://australprobus.org/>

Michael McGraw is a Justice of the Peace.
His number is 0407239319

Austral Probus was formed in 2018 specifically for 55 and over, retired or semi-retired, adults. Our aim is to bring together people with similar interests to give them an opportunity to share in various social activities.

If you have any donations for our monthly raffle they would be greatly appreciated. Thank you in advance.

UPCOMING BIRTHDAYS

Gary Amesbury 5th May
Edwin Bohannon 8th May
Lyn Fleeton 12th May
Yvonne Semmons 16th May
Graeme Hill 25th May
Michael McGraw 30th May
Colin Backhouse 12th June
Christine Kiss 12th June
Maureen Hill 13th June
Ada Quean 17th June
Tim Coombes 14th July
Lydia Stone 15th July
Joy Rix 27th July
Gail Backhouse 17th July



We would like to thank the **Austral Bowling Club** along with **The Porterhouse Bistro** for their ongoing support and patronage. Thank you!

AUSTRAL

BOWLING CLUB

www.australbowlingclub.com.au



ROLE	NAME	PHONE	EMAIL
President	Gary Amesbury	0414 431 411	gmtravellers@gmail.com
Vice President	Dereck Turner		drtturner01@bigpond.com
Secretary	Beverly McGraw	0407 239 337	quickdraw14@bigpond.com
Treasurer	Marilyn Amesbury	0408 731 411	marilyn@amesburyconsulting.com.au
Activities Officer	Mary Lyons		mlyons51@hotmail.com
Membership Officer	Ken James	0478 887 438	kennymundine@gmail.com
Travel Officer	Jeanette Medway	0402 332 988	themedways@optusnet.com.au
Activities Sub Committee	Colin Backhouse	0401 482 844	colinbackhouse@bigpond.com
Newsletter	Christine Kiss	0412 599 825	christinejkiss@gmail.com

THE PRESIDENTS MESSAGE

Hi fellow Probians,

Well we are halfway through this year and it has been a busy one for us. Firstly with our Parramatta River cruise and lunch, then a trip to Vietnam for ten of us, The Senior Moments show which was enjoyed by many. This was followed by a very informative visit to ANSTO our only Nuclear Facility in Australia where we learned we are world leaders in producing some special medicines.

In May we had a visit to Mount Annan Botanical Gardens, the gardens were amazing and the lunch at the restaurant was fantastic as was the service. Several members purchased items from the gift shop and all enjoyed the day with the friendship of our other members.

We have many more activities coming up in the future and would like to see more of you attending our regular events. Next week is the Australian Trilogy show and dinner at Austral Bowling club, the show is free but you pay for your dinner, these evenings have all been a great success.

We also have the Postman's run coming up plus many more great activities, lunches and other events for the rest of this year.

We would also like to encourage some members to think about committee positions for next year as the President and Treasurer will be stepping down to travel around Australia next year. All positions are voluntary, so if you are interested we would like you to attend some of our committee meeting to see how the process works, it's not hard and it is very rewarding.

Looking forward to a positive future.

Gary Amesbury,
President



AUSTRAL PROBUS CLUB CALENDAR

MONTH	DATE	DAY	TIME	ACTIVITY NAME	VENUE	COST	PAY BY	COMMENTS
June	19 th	Wednesday	12:30pm	Lunch	St Johns Park Bowling Club	Own Cost		
June	28 th	Friday	7pm	Aust Trilogy Show	Austral Bowling Club	Own Cost		Dinner before the show
July	12 th	Friday	10:30am	Monthly Meeting	Austral Bowling Club	\$20		Christmas in July + Kris Kringle
July	25 th	Thursday		Postman's Run	Departs Brooklyn	\$48	14/6/2019	Ploughman's Lunch on ferry
August	9 th	Friday	10:30am	Monthly Meeting	Austral Bowling Club			Guest Speaker Bruce Shying
August	21 st	Wednesday	12:30	Lunch	Crossroads Hotel	Own Cost		
September	13 th	Friday	10:30am	Monthly Meeting	Austral Bowling Club			Guest Speaker, Raffaele Joudry
September	25 th	Wednesday	8am	Tulip Time	Bowral			Lunch at Mittagong RSL
October	11 th	Friday	10:30am	Monthly Meeting	Austral Bowling Club			
November	8 th	Friday	10:30am	Monthly Meeting	Austral Bowling Club			
December	13 th	Friday	10:30	Monthly Meeting	Austral Bowling Club			Christmas Party & Kris Kringle

TRY NOT TO LAUGH AT THESE GENUINELY FUNNY JOKES

1. Today at the bank, an old lady asked me to help check her balance. So I pushed her over.
2. I bought some shoes from a drug dealer. I don't know what he laced them with, but I've been tripping all day.
3. I told my girlfriend she drew her eyebrows too high. She seemed surprised.
4. My dog used to chase people on a bike a lot. It got so bad, finally I had to take his bike away.
5. I'm so good at sleeping. I can do it with my eyes closed.
6. Joke about going home from work
7. My boss told me to have a good day.. so I went home.
8. Why is Peter Pan always flying? He neverlands.
9. A woman walks into a library and asked if they had any books about paranoia. The librarian says "They're right behind you!"
10. The other day, my wife asked me to pass her lipstick but I accidentally passed her a glue stick. She still isn't talking to me.
11. Why do blind people hate skydiving? It scares the hell out of their dogs.
12. When you look really closely, all mirrors look like eyeballs.
13. My friend says to me: "What rhymes with orange" I said: "No it doesn't"
14. What do you call a guy with a rubber toe? Roberto.
15. What did the pirate say when he turned 80 years old? Aye matey.
16. Fun flamingo joke
17. My wife told me I had to stop acting like a flamingo. So I had to put my foot down.
18. I couldn't figure out why the baseball kept getting larger. Then it hit me.
19. Why did the old man fall in the well? Because he couldn't see that well.
20. I ate a clock yesterday, it was very time consuming.
21. Whatdya call a frenchman wearing sandals? Phillipe Phillope.
22. A blind man walks into a bar. And a table. And a chair.
23. I know a lot of jokes about unemployed people but none of them work.
24. What's orange and sounds like a parrot? A carrot.
25. Did you hear about the italian chef that died? He pasta way.
26. Why couldn't the bicycle stand up? Because it was two tired!
27. Parallel lines have so much in common. It's a shame they'll never meet.
28. My wife accused me of being immature. I told her to get out of my fort.
29. Where do you find a cow with no legs? Right where you left it.
30. When a deaf person sees someone yawn do they think it's a scream?
31. As I suspected, someone has been adding soil to my garden. The plot thickens.
32. How do crazy people go through the forest? They take the physco path.
33. And the lord said unto John, "Come forth and you will receive eternal life". John came fifth and won a toaster.
34. Joke about traffic light changing
35. What did the traffic light say to the car? Don't look! I'm about to change.
36. I just wrote a book on reverse psychology. Do *not* read it!
37. What did one hat say to the other? You stay here. I'll go on ahead.
38. Why wouldn't the shrimp share his treasure? Because he was a little shellfish.



LOL



ANSTO TRIP 25.5.19

On Friday, the third of May, 25 intrepid Probus members met outside Antegra, boarded the bus and commenced our "security intense" trip to Ansto. After a nice morning tea we were shown through the many sections of this nuclear facility. Our eyes were opened to a brand new and fascinating world that most of us were unaware of. We learnt a lot. After leaving Lucas Heights we went to The Tradies Club in Gymea and enjoyed delicious meals and a debriefing session. Before we headed home we dropped in at the Hazelhurst Art Gallery and viewed a variety of different art genres. Heading home we pondered an excellent day out that was not dampened by the weather. Thank you Mary and Dereck for organising this event, Michael for his superb driving and to a great group of members. A wonderful day.....and a big happy birthday to President Gary.



HOW THE GOVERNMENT RUNS THE COUNTRY EXPLAINED SCIENTIFICALLY.

Oxford University researchers have discovered the densest element yet known to science. The new element, Governmentium (symbol=Gv), has one neutron, 25 assistant neutrons, 88 deputy neutrons and 198 assistant deputy neutrons, giving it an atomic mass of 312. These 312 particles are held together by forces called morons, which are surrounded by vast quantities of lepton-like particles called pillocks.

Since Governmentium has no electrons, it is inert. However, it can be detected, because it impedes every reaction with which it comes into contact.

A tiny amount of Governmentium can cause a reaction that would normally take less than a second, to take from 4 days to 4 years to complete.

Governmentium has a normal half-life of 2 to 6 years.

It does not decay, but instead undergoes a reorganisation in which a portion of the assistant neutrons and deputy neutrons exchange places.

In fact, Governmentium's mass will actually increase over time, since each reorganisation will cause more morons to become neutrons, forming isodopes.

This characteristic of moron promotion leads some scientists to believe that Governmentium is formed whenever morons reach a critical concentration.

This hypothetical quantity is referred to as a critical morass.

When catalysed with money, Governmentium becomes Administratium (symbol=Ad), an element that radiates just as much energy as Governmentium, since it has half as many pillocks but twice as many morons.

MOUNT ANNAN VISIT

A lovely time was had by the ten people who attended. The food was delicious and the surroundings superb. A great place to visit anytime. And.....a great choice of vegan food. 👍 😊



MEMBER PROFILE: FAYE SIMMONS

Faye is a happy get up and goer who loves to get involved. She was born in Annandale and has lived in Five Dock, Bondi Beach, Lakemba, Georges Hall, Liverpool, Lurnea and Busby.

She has worked as paunch card operator and an Administration Officer.

Faye's family came from Norfolk Island and she is related to the Fletcher Christians.

Her proudest moments involve her four children.

Her favourite movie is Bohemian Rhapsody and the Crossroads Hotel is her favourite place to eat.

Waking up each morning is her happiest moment.

And so say all of us. Thank you for the fun and laughter you bring with you.



WHY MEN ARE SO HONEST

If you are female & reading this article then just realize the value of a man; and if male, then feel proud after reading it!

One day, while a barman (Sunny) was mixing cocktails at JDs Gazebo and his shaker fell off in to the ocean.

When he cried out, the Lord appeared & asked, "Why are you crying?"

The Sunny replied that his cocktail shaker has fallen into water & he needed it to make a living.

The Lord went down into the water & reappeared with a Golden Shaker.

"Is this your Shaker?" the Lord asked.

The barman said replied: "No."

The Lord again went down & came up with a Silver Shaker.

"Is this your Shaker?" the Lord asked. Again, Sunny replied: "No."

The Lord went down again & came up with an Steel shaker.

"Is this your Shaker?" the Lord asked. The Barman replied: "Yes."

The Lord was pleased with the man's honesty & gave him all 3 Shakers to keep, and the Barman went home happy.

Some time later the Sunny was walking with his wife along the riverbank, and my wife fell into the river.

When he cried out, the Lord again appeared & asked him: "Why are you crying?"

"Oh Lord, my wife has fallen into the water!"

The Lord went down into the water & came up with Charlize Theron.

"Is this your wife?" the Lord asked.

"Yes," cried the Barman. The Lord was furious. "You lied! That is an untruth!"

The Barman replied, "Oh, forgive me, my Lord. It is a misunderstanding. You see, if I had said 'NO' to Charlize Theron, you would have come up with KATRINA. Then if I said 'NO' to her, you would have come up with MY WIFE. Had I then said 'YES,' you would have given me all 3. Lord, I'm a poor man, & not able to take care of 3 wives, so THAT'S why I said YES to Deepika."

The moral of this story is: Whenever a man lies, it is for a good & honourable reason & for the benefit of others. That's My story, & I'm sticking to it! MEN ARE TRULY HONORABLE!



PHOTOS FROM OUR GENERAL MEETING 10.5.19

An interesting meeting. We introduced our book swap (a fifty cent donation please), We heard from Michael Booth who told us about the Titanic dinner organisation. Dereck Turner, our Vice President , gave us a very interesting talk on The Upper Canal and Sydney's Water. We learned a lot and could recognise a lot of the Dams . Thank you Dereck. We appreciate your efforts.



CHILDREN'S ANSWERS TO BIBLE QUESTIONS

Can you imagine the Nun sitting at her desk grading these papers, all the while trying to keep a straight face and trying to maintain her composure? Now, if you know the Bible – even a little – you'll find this to be hilarious! It comes from a Christian Elementary School. The children were asked questions about the Old and New Testaments. The following statements about the Bible were written by the children. They have not been corrected thus (the incorrect spelling is their own). I hope you enjoy what the children wrote...



- In the first book of the bible, Guinnessis, God got tired of creating the world, so he took the Sabbath off.
- Adam and Eve were created from an apple tree. Noah's wife was called Joan of Ark. Noah bilt an ark which the animals come on to in pears.
- Lot's wife was a pillar of salt by day, but a ball of fire by night.
- The Jews were a proud people and throughout history they had trouble with the unsympathetic Genitals.
- Samson was a strongman who let himself be led astray by a Jezebel like Delilah.
- Samson slayed the Philistines with the axe of the Apostles.
- Moses led the Hebrews to the Red Sea, where they made unleavened bread, which is bread without any ingredients.
- The Egyptians were all drowned in the dessert. Afterwards, Moses went up on Mount Cyanide to get the ten amendments.
- The first commandment was when Eve told Adam to eat the apple.
- The seventh commandment is thou shalt not admit adultery.
- Moses died before he ever reached Canada. Then Joshua led the Hebrews in the battle of Geritol.
- The greatest miracle in the Bible is when Joshua told his son to stand still and he obeyed him.
- David was a Hebrew king skilled at playing the liar. He fought with the Finklesteins, a race of people who lived in Biblical times.
- Solomon, one of David's sons, had 300 wives and 700 porcupines.
- When Mary heard that she was the mother of Jesus, she sang the Magna Carta.
- When the three wise guys from the east side arrived, they found Jesus in the manager.
- Jesus was born because Mary had an immaculate contraption.
- St. John the blacksmith dumped water on his head.
- Jesus enunciated the Golden Rule, which says to do one to others before they do one to you. He also explained, "a man doth not live by sweat alone."
- It was a miracle when Jesus rose from the dead and managed to get the tombstone off the entrance.

VALE DORIS DAY

The beloved singer and actress, Doris Day, who died Monday at 97, was a contemporary of Marilyn Monroe but seemed to exist in a lost and parallel world of sexless sex comedies and the carefree ways of "Que Sera, Sera" ("Whatever Will Be, Will Be"). She helped embody the manufactured innocence of the 1950s, a product even she didn't believe in. "I'm tired of being thought of as Miss Goody Twoshoes. ... I'm not the All-American Virgin Queen, and I'd like to deal with the true, honest story of who I really am," she said in 1976, when her tell-all memoir "Doris Day: Her Own Story" chronicled her money troubles and failed marriages.



There was more to her, and to her career, than not sleeping with the leading man. She gave acclaimed performances in "Love Me or Leave Me," the story of songstress Ruth Etting, and in the Alfred Hitchcock thriller "The Man Who Knew Too Much." Longing ballads such as "Blame My Absent Minded Heart" led critic Gary Giddins to call her "the coolest and sexiest female singer of slow-ballads in movie history."

But millions loved her for her wholesome, blonde beauty, and for her string of slick, stylish comedies, beginning with her Oscar-nominated role in "Pillow Talk" in 1959. She and Rock Hudson were two New Yorkers who shared a telephone party line. She followed with "The Thrill of It All," playing a housewife who gains fame as a TV pitchwoman to the chagrin of husband James Garner.

Her on-screen chastity was a gag for comedians, but not audiences. The nation's theatre owners voted her the top moneymaking star in 1960, 1962, 1963 and 1964.

It was an easy punchline which would unjustly overwhelm her name and legacy for younger generations who would come to know her only through jokes at the inherent un-coolness of having such a pure image. As with Monroe's reductive labelling, it denied, or at least dismissed, the talent behind it all.

In reality, Day was one of the most natural born movie stars ever to grace the screen, beloved by co-stars and directors for her raw gift, honesty and charisma. Director Michael Curtiz advised her against taking acting lessons. Garner told Vanity Fair that she was the "Fred Astaire of comedy."

"Whether it was Rock Hudson or Rod Taylor or me or whoever," Garner said, "We all looked good because we were dancing with Clara Bixby," using one of the actress' nicknames.

Her last film was "With Six You Get Eggroll," a 1968 comedy about a widow and a widower and the problems they have when blending their families. It was that year that her third husband, Martin Melcher, who was as widely disliked as she was liked, died, and she retired from movies and turned to television. "The Doris Day Show" was a moderate success in its 1968-1973 run on CBS.

VALE DORIS DAY (CONTINUED)

Melcher, who she married in 1951, left her deeply in debt. During their time together, he became her manager and often received producing credits on her movies, much to the irritation of her co-stars, like Garner, who thought of him as a no-talent hustler. In her autobiography, Day recalled her son Terry Melcher, telling her that the \$20 million she had earned had vanished and she owed around \$450,000, mostly for taxes. In 1974, Day won a \$22.8 million judgment against her lawyer and business manager for mishandling of her and Melcher's assets.



She turned her attentions wholly to the welfare of animals, which would occupy her for the rest of her life. There were a few would-be comebacks in the early 80s that never came to be, including a "Pillow Talk" sequel. She was also offered "Murder, She Wrote," and fielded many other requests too only to ultimately withdraw.

Day briefly returned to television in 1985 for the short-lived, animal-focused show "Doris Day's Best Friends," which aired on the Christian Broadcast Network. It is remembered mostly for her first guest, her old friend and oft-co-star Rock Hudson. It was the first time that the world had seen his much-altered appearance, and days later he became the one of the first celebrities to publicly acknowledge that he had AIDS. He died that year. Although Day was absent from the screen for decades, she was not forgotten. In 2004 she was awarded a Presidential Medal of Freedom, which she said she was grateful for but didn't accept in person because she "didn't fly." That unwillingness to travel also prevented her from getting a Kennedy Center Honor and others.

She still had enough of a following that a 2011 collection of previously unreleased songs, "My Heart" hit the top 10 in the United Kingdom. The same year, she received a lifetime achievement honour from the Los Angeles Film Critics Association. Friends and supporters lobbied for years to get her an honorary Oscar.

Born Doris von Kappelhoff, her dreams of a dance career ended at age 12 when a car she was in was hit by a train and her leg was badly broken. Listening to the radio while recuperating, she began singing along with Ella Fitzgerald to try to learn her voice. Day began singing in a Cincinnati radio station, then a local nightclub, then in New York. A bandleader changed her name to Day, after the song "Day after Day," to fit it on a marquee. A marriage at 17 to trombonist Al Jorden ended when, she said, he beat her when she was eight months pregnant. She gave birth to son Terry, who later took his stepfather's name, in 1942.

Her first musical hit was the 1945 smash "Sentimental Journey," when she was barely in her 20s, singing with Les Brown's band.

She played a singer in her first film, Curtiz's "Romance on the High Seas," in 1948.

Day married a fourth time at age 52, to Barry Comden, who was a maitre d' in Beverly Hills, in 1976. They divorced in 1981. She lived in Monterey, California, devoting much of her time to the Doris Day Animal Foundation.

OATMEAL BUTTERSCOTCH COOKIES



Prep
15 m

Cook
10 m

Ready In
25 m



Ingredients

- 3/4 cup butter, softened
- 3/4 cup white sugar
- 3/4 cup brown sugar
- 2 eggs
- 1 teaspoon vanilla extract
- 1 2/3 cups butterscotch chips
- 1 1/4 cups white flour
- 1 teaspoon baking soda
- 1/2 teaspoon cinnamon
- 1/2 teaspoon salt
- 3 cups rolled oats

Directions

1. Preheat oven to 190 degrees C
2. In a large bowl beat the butter or margarine, white sugar and brown sugar together. Add the eggs and vanilla, beating well.
3. Stir together the flour, baking soda, cinnamon and salt. Gradually add the flour mixture to the butter mixture and stir until blended. Stir in the oats and the butterscotch chips. Drop by teaspoonfuls onto an ungreased cookie sheet.
4. Bake for 8 to 10 minutes in the preheated oven, until the edges begin to brown.

SWEET POTATO CHILI



Prep
15 m

Cook
1 h 10 m

Ready In
1 h 25 m



Ingredients

- 5 tablespoons vegetable broth
- 1/2 teaspoon red pepper flakes
- 1 1/2 teaspoons tomato paste
- 1/2 jalapeno pepper, minced
- 2 sweet potatoes, diced
- 2 tablespoons chili powder
- 1 tablespoon ground cumin
- 1/2 teaspoon smoked paprika
- 1/2 teaspoon dried oregano
- 1/2 cup chopped onion
- 3 cloves garlic, minced
- 2 cups vegetable broth
- 1 can diced tomatoes

1. Heat 5 tablespoons vegetable broth in a large skillet over medium heat. Cook and stir onion, garlic, and jalapeno pepper in the hot broth until slightly tender, about 5 minutes. Add sweet potatoes, chili powder, cumin, paprika, oregano, and red pepper flakes to onion mixture. Pour remaining 2 cups vegetable broth over sweet potato mixture.
2. Bring vegetable broth mixture to a boil, reduce heat to medium, and simmer until sweet potatoes are tender, 20 to 25 minutes. Stir tomatoes and kidney beans into sweet potato mixture and simmer over low heat until flavours have blended, about 45 minutes.